


No. UM GA-001	Appeals and Grievances	
Effective Date: 4/26/2018	<b>POLICY AND PROCEDURE</b>	
<b>Under Revision Version</b>		
Pending Committee Approval: 7/XX/23		
Previous Versions: See revision history on last page		
<b>DMHC TAG: Grievance and Appeals</b>  <b>NCQA: UM 8</b>		

## APPEALS AND GRIEVANCES POLICY

Where Canopy Health is not delegated to manage grievances and appeals for members of its Health Plans, the Canopy Health enrollee and/or provider initiating the appeal or grievance is redirected to the Health Plan.

“Appeal, complaint or grievance” means any dissatisfaction expressed by an enrollee or enrollee’s representative concerning a problem with Canopy Health, the Health Plan, a medical provider or coverage under the enrollee’s Evidence of Coverage (EOC), including an adverse benefit determination as set forth under the Affordable Care Act (ACA). An adverse benefit determination means a decision by Canopy Health’s affiliated medical groups/IPAs or the Health Plan to deny, reduce, terminate or fail to pay for all or part of a benefit that is based on any of the following:

- An individual is no longer eligible with a Canopy Health upstream health plan.
- A benefit is not covered; or
- A benefit is experimental, investigational, or not medically necessary or appropriate.

Enrollees may take the following steps to initiate an appeal or grievance depending on what type of service is in dispute, specified below:

### 1. Medical Services

Canopy Health enrollees who wish to initiate an appeal or grievance about medical services should contact their Health Plan. The Health Plan’s EOC specifies details about how the Plan addresses appeals and grievances and communicates with its members.

If the enrollee informs the medical group/IPA or Canopy Health directly about an appeal or grievance in writing, the medical group/IPA or Canopy Health will forward that written communication to the health plan for processing, within one hour of receipt. If a health plan contracted with Canopy Health has its own Grievance Form, it will be posted on the

member and provider portals of the medical group/IPA and Canopy Health. Medical group/IPA and Canopy Health staff will make that form available to enrollees who wish to use it to file a grievance with their health plan. If the Health Plan requests clinical information when reviewing the enrollee's appeal, the medical group/IPA will provide the information within the following timeframes, which apply to every calendar day of the year: within 24 hours for standard appeals, or within two hours for expedited appeals.

If the enrollee calls the medical group/IPA or Canopy Health directly about an appeal or grievance, the medical group/IPA or Canopy Health representative will instruct the enrollee to contact the Health Plan's member services number or else will transfer the enrollee to that number directly. The representative will also make the Health Plan's Grievance Form available to the enrollee if the enrollee wishes to file concerns in writing. Enrollees will continue to have coverage for all medically necessary covered services, pending results of an appeal.

## **2. Mental Health, Substance Abuse, Chiropractic, or Acupuncture Services**

Canopy Health enrollees with an appeal or grievance about mental health, substance abuse, chiropractic, or acupuncture services should review their Health Plan's EOC documents for contact information.

## **3. Clinical Trial or Investigational/Experimental Treatment Outside Clinical Trials**

Canopy Health enrollees with an appeal or grievance about denial of treatment offered only through a clinical trial or deemed to be investigational or experimental outside of a clinical trial may pursue either of these options:

- Use the medical appeals and grievance process with their Health Plan as noted above; or
- Request an independent medical review (IMR) of the denial through the California Department of Managed Health Care (DMHC): Phone (1-888-466-2219) or TDD line (1-877-688-9891) or through its web site: <http://www.HealthHelp.ca.gov>

### **Binding Arbitration**

Enrollees who continue to be dissatisfied after the grievance procedure has been completed through the Health Plan or DMHC may contact the DMHC for assistance or to initiate binding arbitration through their Health Plan. Binding arbitration is the final process for the resolution of disputes. Enrollees should read their Health Plan EOC for more details.

### Revision History:

Version Date	Edited By	Reason for Change
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<b>7/28/16</b>	<b>M. Durbin</b>	<b>Creation date</b>
<b>3/14/18</b>	<b>A. Kmetz</b>	<b>Revised to include medical group to health plan timeframes per UHC review.</b>
<b>4/18/2018</b>	<b>M Durbin</b>	<b>Added language about clinical trial appeals or grievances</b>
<b>01/01/2023</b>	<b>L. Sasaki</b>	Changed “parent” to “upstream” health plan. Changed references specific to Canopy Health “members” to “enrollees” to better reflect upstream health plan responsibility for managing grievances and appeals.
<b>05/31/2023</b>	<b>L. Sasaki</b>	Updated the California Department of Managed Health Care web address for submitting IMR Application/Complaint Forms (APL 23-006)